

## General Pre-operative Instructions

1. Please come to you appointment relaxed and in comfortable / non-restrictive clothes.
2. Please inform us of any medication or health changes since we have completed the consultation.
3. **If you take blood thinning medications,** (such as; Coumadin, Warfarin, Coumadin, Aspirin, Heparin, Lovenox, or others) please make sure you have appropriately adjusted your blood thinning medication prior to the surgery (we will inform you of this at your consultation). If there is concern from your medical doctor about these standard adjustments, then please inform us.
4. **If you are a diabetic,** then please take your regular scheduled medications and normally eat (but not to heavy of a meal). Please check your sugar levels just prior to the appointment so we have a base line record prior to the surgery.
5. Please bring or have at the appointment any temporaries, dental partials, or retainers, so we may insure the proper fit after the procedures.
6. If you are not sedating it is not required that you have a driver to and from the appointment, but some patients feel better if they do. If you choose to have someone come with you they can leave there cell phone number and we can call them prior to the completion of the case.
7. The financial aspect of your case should have been taken care of prior to the appointment so you can focus on your comfort and care upon arrival.